

LESSON PLAN

Strand: Self and Interpersonal Relationship

Attainment Target: Use Life Skills to Demonstrate Respect and Value For Self, The Rights and Responsibilities Of Others, Irrespective Of Gender, Ethnicity and Faith

Learning Outcome: Demonstrate an understanding of how Family Types Differ

Title: My Family Is Different From Yours

Age Level: 7 – 8

Time: 30 mins.

Purpose: To assist students in understanding how families are different and the importance of accepting persons of different family type.

Overview: In this lesson, students will define what a family is. They will also describe different family types and use interpersonal skills to show how they can be accepting of each other.

Activity one (1) is expected to stimulate students thoughts about families after which they will be taught the definition of a family. Activity two (2) will be done to allow students to talk about their own family structures. Activity three (3) is expected to teach the students about the three main family structures. The key steps in interpersonal skills will then be taught and reinforce in the rest of the lesson.

Specific Objectives: At the end of the lesson students will be able to do the following:

- I) Define what is a family
- II) Describe different family structures
- III) Use interpersonal skills to show acceptance for persons of different family types.

Resources & Materials: pictures of different family type, paper for activity 1, text book

Methods &Strategies: discussion, artwork, role play

Step 1- Introduction (3 min.): Teacher begins lesson by depicting a family scene. Teacher will then introduce the title of the lesson and guide students to talk about the family in the scene. The objectives of the lesson will then be declared. Students will then be guided to define a family.

Step 2 – (5 min.): Students will then be allowed to talk about different types of families and speak specifically about their family structure. They will then be asked to draw and speak about their families. The different family structures will then be described.

Step 3 – skill development (15 min.): Teacher will teach the key steps in interpersonal skills to show students how to use those skills to show acceptance to persons of different family types.

Interpersonal Skills Steps

- i) Listen to each other talk about his/her family
- ii) Accept that each other's family structure is different
- iii) Respect each other
- iv) Care about each other's feelings
- v) Tolerate each other

Step iv – Conclusion (3 min.): Teacher will summarize the steps in interpersonal skills and have students recall them.

Step V - Assessment/Evaluation (4 min.): Teacher will test students' memory and understanding of the the key steps in interpersonal skills.